

Chugachmiut is providing a Rural Recovery Camp.

LLANGARWIK RECOVERY CAMP

“A place of awakening”

A NEW CHOICE IN ALCOHOL AND DRUG TREATMENT

With an emphasis on holistic healing

Goals

- Address the whole person within context of family & community.
- Address the negative of substance abuses and dependence impacts on all life domains.
- Bring families together with the common goal of recovery.
- To include a culturally relevant curriculum with an emphasis first on recovery from addictions then on regaining subsistence lifestyle activities.
- Determine each patients needs and provide specific services, such as 1 x 1 counseling, group processing, treatment plans and aftercare.
- Referral to appropriate services as needed and consistent follow-up with two years of Aftercare.
- Emphasize resources and skills that are applicable to village residents.

Where:

Port Graham, Alaska (site of Behavioral Health Building)

Who:

The primary target groups for participation in the camp are residents of the outlying villages on Chugach Region: Port Graham, Nanwalek, Chenega Bay, Tatitlek

When:

The camp dates are

March 19th -April 1st , 2018

June 3rd - June 16th 2018

Sept 2nd – Sept 15th 2018

Staff:

Chugachmiut will provide staff. Also, elders, guest speakers, culture bearers and recovering individuals. We will be offering an opportunity to re-connect with your community, your environment and your creativity through a variety of activities.

Activities:

- AA meetings
- Storytelling
- Drumming and drum making
- Woodcarving and other traditional crafts
- Gill-netting, salmon smoking
- Seal hunting
- Berry picking and edible plant gathering
- Wood chopping and other camp maintenance duties
- Spiritual walks

Education:

- Anger management
- Communication skills
- Triggers to use identification
- Parenting education
- Withdrawal management
- Stress management
- Relapse prevention
- Introduction to AA/NA/Al-Anon
- FAS/ARND education
- HIV risk reduction
- Infectious disease control
- Healthy refusal skills

The Recovery Camp will cover all the necessary educational information, structure and balance that is important to recovery.

For more information, call:

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