



# Health Services COVID-19 Situation Report

Date 11/20/2020

Dear Community Members,

We continue to see accelerated COVID-19 virus transmission rate across the state. Hospitalizations for COVID-19 continue to rise. Hospital capacity and staffing have become a significant concern. All regions of Alaska are in high alert status with widespread community transmission occurring.

Many Alaskans who are diagnosed with COVID-19 report that they went to social gatherings, community events, church services and other social venues while they were contagious but *before* they knew they had the virus.

Most Alaskans get COVID-19 from a friend, family member or coworker. Alaskans should avoid indoor gatherings with non-household members, avoid crowds, wear masks when around non-household members and stay six feet from anyone not in their household.

## Current Alaska Resident Case Counts

New Resident Cases Yesterday <b>459</b> Updated Daily by Noon	Total Resident Cases <b>25,369</b> <small>Cumulative (includes recovered cases)</small>	Currently Hospitalized <b>113</b> <small>Confirmed COVID Positive</small>	Total Resident <b>100</b> <small>Deaths Statewide</small>
New Nonresident Cases Yesterday <b>3</b> Updated Daily by Noon	Total Nonresident Cases <b>1,175</b> <small>Cumulative (includes recovered cases)</small>	Total Hospitalizations <b>606</b> <small>Cumulative (does not reflect current stays)</small>	Total Nonresident <b>1</b> <small>Deaths Statewide</small>

## Chugachmiut COVID-19 Testing:

	Testing The Past Two Weeks	Testing YTD	Results Negative YTD	Pending Results YTD	Results Positive YTD	Testing Collection Kits to ANMC	Rapid Testing Kits
Chenege	9	94	94	0	0	223	77
Nanwalek	54	360	360	0	0	139	72
Port Graham	18	328	328	0	0	169	150
Seward	52	413	395	2	18	328	415
Tatitlek	6	84	81	0	0	208	71
<b>TOTAL</b>	141	1279	1258	2	18	1067	785

## What's New?

**Governor Dunleavy Issues New Health Orders with 30-day Emergency Declaration:** A new 30-day disaster declaration took effect on 11/16/20. Along with the new declaration, 8 new COVID-19 outbreak health orders have been issued. Most orders are similar to the previous mandates. One of the new orders, **Outbreak Health Order 8**, governs travel between communities on and off the road system to help prevent the spread of COVID-19. Part A states that local communities are permitted to enact travel restrictions. Part





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B requires travels within Alaska who travel off of the road system maintain social distancing until they produce a negative result from a recent COVID-19 test.

**Please note- all village tribal councils have enacted their own travel restrictions to prevent the spread of COVID-19.**

**ANMC Scheduled Surgeries:** Demand for COVID-19 inpatient stays and staffing challenges related to quarantine and isolation at ANMC continues to increase. ANTHC notified us this week they are working with their surgeons to review their scheduled surgeries from November 23<sup>rd</sup> to December 4<sup>th</sup> and requesting any scheduled surgeries requiring inpatient stays that can be delayed up to 30 days be evaluated for rescheduling. Rescheduling could initially occur after December 4<sup>th</sup>. ANTHC will be evaluating if it needs to be extended further on a daily basis.

### Local Clinic Service Updates:

- **Clinic Services:** Please **DO NOT** delay necessary medical care during the COVID-19 pandemic. We are here to serve you. Call the clinic to schedule an appointment (currently not accepting walk-ins).
- **Dental Services:** We understand your dental health impacts your overall health. Dr. Murphy remains on-call for any dental emergencies.
- **COVID-19 Testing:** We want to make it as easy as possible for you to get tested for COVID-19. Every Chugachmiut clinic has testing capabilities and adequate supply to support testing. It is vitally important to get tested at the first sign of any symptoms. Testing is our best tool for understanding virus transmission and risk in your community and to empower individuals to prevent the spread of the virus to others.
- **Flu Vaccine:** **Protect our hospital capacity by getting your flu shot now!** Please make an appointment with your local clinic to get a flu shot. The higher percentage of those who receive a flu shot will not only help to protect you and your loved ones, but also your entire community.

**Are you interested in entering a drawing for weekly and monthly PRIZES for getting your flu shot? Check Facebook. Chugachmiut and Chugach Alaska Corporation teamed up to promote Flu Vaccinations on Facebook. Goal to reach at least 60%! The table below shows community progress towards protection against flu.**

Date Range 9/1/2020 to 11/18/2020							
Flu Vaccine Coverage Rates by Community	2020 Active Users	2019 Active Users	2020 Active Users Received Flu Vaccine	2019 Active Users Received Flu Vaccine	YTD Difference	2020 Flu Vaccine % Active Users	2019 Flu Vaccine % Active Users
Chenege	48	46	21	14	7	44%	30%
Nanwalek	282	278	130	84	46	46%	30%
Port Graham	167	173	45	36	9	27%	21%
Seward	690	710	141	211	-70	20%	30%
Tatitlek	88	91	46	47	-1	52%	52%
<b>TOTAL FLU VACCINE</b>	<b>1275</b>	<b>1298</b>	<b>383</b>	<b>392</b>	<b>-9</b>	<b>30%</b>	<b>30%</b>
Active Users= IHS Active User Population Report seen at local clinics during fiscal year (2019- 10/1/19 to 9/30/19 and 2020- 10/1/19 to 9/30/20).							





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### Chugachmiut

**COVID-19 Vaccine:** The Federal Drug Administration (FDA) and CDC will inform us what vaccine or vaccines are available, when they are available, and who might get the vaccine first. Updates about COVID-19 vaccine availability will be shared as we learn more and you also can check [covidvax.alaska.gov](https://covidvax.alaska.gov) for updates.

In the meantime, we are preparing and planning for when the vaccine becomes available and need your assistance in completing the COVID-19 vaccine survey. We need to know who is interested now so we can plan accordingly. By completing the survey, it will help us with planning efforts to ensure every community member who wants the COVID-19 vaccine gets it.

Survey data will:

- Help us place an accurate order of vaccines needed for your community.
- Help us identify if we can administer the vaccine timely and within the timeframes allotted due to storage requirements.
- Help us identify if additional resources are needed for your community to help administer the vaccine within the allotted timeframes.
- Help us develop a contact list of those who want the vaccine (so they can be contacted as soon as vaccine arrives in your community).

Please complete and return survey to tribal council or clinic as soon as possible.

- **Step Challenge:** The “Cruisin for a Cure” step challenge ended this week. 50 participants with 6,385,263 total steps; 25,618 active minutes and 2,747 total miles traveled!

#### Top 5 Journey Winners

- #1 Kilann Tanape with 417, 832 steps
- #2 Charlemagne McMullen with 367,485 steps
- #3 Cyrena Joseph with 367,114 steps
- #4 Rick Yeaton with 327,935 steps
- #5 Joe Nyholm with 232,512 steps

#### Top 5 Streaks

- #1 Kilann Tanape with 21 days
- #2 Rick Yeaton with 19 days
- #3 Gail Evanoff & Jon Gage with 17 days
- #4 Cyrena Joseph & Nicole Norman with 16 days
- #5 Gala Davis with 15 days

- **Universal Masking:** It is our collective responsibility to exemplify and uphold a culture of health and safety. **Chugachmiut has a universal masking requirement to apply to all staff, contractors, patients and visitors in** all Chugachmiut operated medical and dental clinics and pharmacy to best protect our staff, patients and communities amid the COVID-19 pandemic.
- **MyHealth Enrollment:** Do you want immediate access to your medical record 24/7 to get test results, clinical documents, medication list, and the ability to connect with your provider and care team, or view and request appointments? Contact the clinics to enroll and gain access to YOUR MyHealth account.

Access your MyHealth portal on your smartphone or other mobile devices. In your app store search: HealthLife. The app gives you real-time and easy access to your MyHealth online portal.

### Community & Family Services Division Updates:

- **Winter “Laugh and Learn” Series:** Everyone is invited and welcome to attend! Offered virtually via Zoom link! Text 907-764-1945 for link invite!





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### What are the most reliable resources to get updates?

Alaska DHSS COVID-19 website: <http://www.dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>

CDC COVID-19 website: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Stay safe, healthy and have a great Thanksgiving holiday!

*K. Baker*

Kelley Baker, Health Services Division Director