



# Health Services COVID-19 Situation Report

04/02/2021

Dear Community Members,

The impact of COVID-19 on our lives, our activities, and our freedom has affected us all. The responsibility is ours, as a community, to help stop this virus. Now we have a new, safe, and effective tool to help us do that- COVID-19 vaccines.

**It takes everyone.** We all need to step up to beat COVID-19. We ask you to join us in protecting yourself, your family and friends, and your community by getting vaccinated. COVID-19 vaccination is one of the strongest tools we can use to fight this pandemic together.

Getting vaccinated adds an important layer of protection for you, your family, and loved ones. Here are some things you should know about the COVID-19 vaccine:

- All COVID-19 vaccines currently available in the United States are very effective at preventing the disease.
- The most common side effects are pain in the arm where you got the shot, feeling tired, headache, body aches, chills, and fever.
- It typically takes two weeks after you are fully vaccinated for the body to build protection (immunity) against the virus that causes COVID-19.
- Stopping a pandemic requires using all the tools we have available- wearing masks, staying at least 6 feet apart from people who don't live with you, avoiding crowds and poorly ventilated spaces, washing your hands frequently, and **getting vaccinated.**

We want everyone in our community to be safe and get back to hugging our families and friends and shaking hands with our neighbors. We all play a part in this effort. Please sign up to get your COVID-19 vaccination.

If you have questions about vaccination clinics in your community, please contact your local clinic.

Region Vaccination Rates	
<b>Total Population Vaccinated:</b>	441
<b>Total Population:</b>	1104
<b>Percent Vaccinated</b>	<b>39.95%</b>
<b>Population &gt;16 Vaccinated</b>	441
<b>Total Population &gt;16</b>	810
<b>Percent &gt;16 Vaccinated</b>	<b>54.44%</b>
<b>Population &gt;65 Vaccinated</b>	86
<b>Total Population &gt;65</b>	111
<b>Percent &gt;65 Vaccinated</b>	<b>77.48%</b>
<b>Vaccine Series Complete = 365</b>	



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## Current Case Counts in Alaska

Latest update from the Alaska Coronavirus Response Hub

New Resident Cases Yesterday <b>197</b> Updated Daily by Noon	Total Resident Cases <b>60,918</b> <small>Cumulative (includes recovered cases)</small>	Currently Hospitalized <b>39</b> <small>Confirmed COVID Positive</small>	Total Resident <b>309</b> <small>Deaths Statewide</small>
New Nonresident Cases Yesterday <b>8</b> Updated Daily by Noon	Total Nonresident Cases <b>2,583</b> <small>Cumulative (includes recovered cases)</small>	Total Hospitalizations <b>1,408</b> <small>Cumulative (does not reflect current stays)</small>	Total Nonresident <b>4</b> <small>Deaths Statewide</small>

### Chugachmiut COVID-19 Testing:

	COVID-19 Testing March	COVID-19 Testing YTD	COVID-19 Results Negative YTD	COVID-19 Results Positive YTD	ANMC Pending Results	ID NOW Rapid Testing Kits available	ANMC Test Collection Kits available
<b>Chenege</b>	8	149	149	0	0	88	152
<b>Nanwalek</b>	40	551	551	0	0	61	139
<b>Port Graham</b>	52	472	472	0	0	54	169
<b>Seward</b>	36	675	644	31	0	66	313
<b>Tatitlek</b>	5	132	132	0	0	76	206
<b>Total</b>	141	1979	1948	31	0	345	979

### What's New?

**COVID-19 Vaccine Available to All Alaskans:** As of March 9<sup>th</sup>, the COVID-19 vaccine is available for all individuals who live or work in Alaska and are age 16 and older, making Alaska the first state in the nation to remove eligibility requirements. This marks a significant step forward in our efforts to put this virus behind us.

**New CDC Report 2020 Deaths:** A new CDC report finds that in 2020, more than 3.3 million deaths occurred in the United States, based on early data from death certificates. This represents an 18% increase in deaths from 2019. COVID-19 ranked as the third leading cause of death in 2020, following heart disease and cancer.

**ANTHC COVID-19 Walk-up Testing Site Reducing Hours:** As of March 29<sup>th</sup>, the COVID-19 walk-up testing (located at 4043 Tudor Centre Drive, first floor of the ANTHC Parking Garage) reduced its hours of operation. The new hours are 10am to noon AND 4pm-6pm. The drive-thru COVID-19 testing (4141 Ambassador Drive) will not be changing its hours and will continue to be open 9am to 7pm Monday-Saturday and 10am to 6pm on Sundays. Pre-registration is still required for both test sites.



## Chugachmiut

**COVID-19 Incentive Drawing:** Chugachmiut is hosting an incentive drawing on Facebook (<https://www.facebook.com/ChugachmiutALUTIIQ>) for individuals who upload their photo to our page. Drawings every Friday.

**COVID-19 Vaccine Drawing**

Upload a photo to our Chugachmiut Facebook page of your "I FINISHED MY COVID-19 VACCINE" sticker to be entered into our weekly drawing.

We will randomly select a winner each week for a prize and post the winner's name on Facebook.

If you are interested in receiving the COVID-19 vaccine, please contact your local clinic.

Clinic Contact Numbers:	
Seward	(907) 224-3490
Chenege	(907) 573-5129
Nanwalek	(907) 281-2250
Port Graham	(907) 284-2241
Tatitlek	(907) 325-2235

<https://www.facebook.com/ChugachmiutALUTIIQ>

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### Local Clinic Service Updates:

- **Clinic Services:** Currently not accepting walk-ins. Call clinics for an appointment. **Please DO NOT DELAY YOUR MEDICAL CARE.** Many people have delayed care, now is the time to make sure you and your family are caught up on general health recommendations to stay well. Make an appointment for any missed childhood vaccines, health screenings, and physicals.
- **Dental Services:** Dr. Murphy remains on-call for any dental emergencies. We are working with SCF to resume village dental visits and will have a schedule soon.
- **COVID-19 Testing:** We have an adequate amount of testing supplies. **Please get tested at the first sign of any symptoms and after traveling.** Testing works best when obtained as soon as symptoms start and is our best tool to identify if you have COVID-19 so immediate precautions can be taken to minimize the risk of spreading the virus to others. CDC recommends regular asymptomatic (no symptoms) testing for critical infrastructure workers and other groups at higher risk for COVID-19.
- **Universal Masking:** It is our collective responsibility to exemplify and uphold a culture of health and safety. Chugachmiut has a universal masking requirement for all staff, contractors, patients and visitors in all Chugachmiut operated medical and dental clinics and pharmacy to best protect our staff, patients and communities amid the COVID-19 pandemic.
- **Flu Vaccine:** It's not too late to get a flu shot! **Goal is to reach at least 60%!** The table below shows community progress towards protection against flu:



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Flu Vaccine Coverage Rates by Community	2020 Active Users	2020 Active Users Received Flu Vaccine	2020 Flu Vaccine % Active Users
<b>Chenege</b>	48	26	54%
<b>Nanwalek</b>	282	135	48%
<b>Port Graham</b>	167	51	31%
<b>Seward</b>	690	201	29%
<b>Tatitlek</b>	88	51	58%
<b>TOTAL FLU VACCINE</b>	1275	464	36%

**State of Alaska 2020-2021 Flu Snapshot Report as of 03/20/2021:** The 2021-2021 Flu Season continues to demonstrate only low levels of activity, with less than 100 laboratory confirmed cases reported so far this season. We believe much of the mitigation efforts to decrease the transmission of COVID-19 has the added benefit of substantially impacting the ability of flu and other respiratory viruses to spread in the community.

- **MyHealth Enrollment:** Do you want immediate access to your medical record 24/7 to get test results, clinical documents, medication list, and the ability to connect with your provider and care team, or view and request appointments? Contact clinic to enroll and gain access to YOUR MyHealth account.
- **COVID-19 Vaccine:** All three vaccines are available (Pfizer, Moderna and Johnson & Johnson/Janssen). COVID-19 can have serious, life threatening complications, and there is no way to know how COVID-19 will affect you. If you get sick, you could spread the disease to friends, family, Elders and others around you. COVID-19 vaccination is a safer way to help build protection. **Encouraging ALL to call your local clinic to schedule an appointment to get your COVID-19 vaccine!**
- **World Immunization Week:** The World Health Organization (WHO) sponsors World Immunization Week from April 24<sup>th</sup> to April 30<sup>th</sup> to promote vaccination to protect people of all ages from serious diseases. We encourage all to stay current on vaccinations. **Clinic staff has access to your most current vaccination record and have received detailed lists of those due for vaccines. Staff will be reaching out if you or your child(ren) have vaccines due to schedule an appointment.**



**Alaska Air Transit staff COVID-19 vaccinated!**





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### Alaska COVID-19 Vaccine Dashboard Summary as of 4/02/2021:



Vaccine Dashboard Summary		
State Allocated Vaccines	Persons Vaccinated	Vaccination Series Complete
<b>288,000</b>	<b>238,230</b>	<b>173,236</b>

### Chugachmiut COVID-19 Vaccine Dashboard:

#### Region Vaccination Series Complete = 365

Chenege Vaccination Rates		Nanwalek Vaccination Rates		Port Graham Vaccination Rates	
Total Population Vaccinated:	22	Total Population Vaccinated:	115	Total Population Vaccinated:	80
Total Population:	46	Total Population:	258	Total Population:	150
Percent Vaccinated	47.83%	Percent Vaccinated	44.57%	Percent Vaccinated	53.33%
Population >16 Vaccinated	22	Population >16 Vaccinated	115	Population >16 Vaccinated	80
Total Population >16	40	Total Population >16	166	Total Population >16	105
Percent >16 Vaccinated	55.00%	Percent >16 Vaccinated	69.28%	Percent >16 Vaccinated	76.19%
Population >65 Vaccinated	5	Population >65 Vaccinated	8	Population >65 Vaccinated	16
Total Population >65	5	Total Population >65	11	Total Population >65	17
Percent >65 Vaccinated	100.00%	Percent >65 Vaccinated	72.73%	Percent >65 Vaccinated	94.12%
Vaccine Series Complete = 22		Vaccine Series Complete = 80		Vaccine Series Complete = 69	

Tatitlek Vaccination Rates		Seward Vaccination Rates		Region Vaccination Rates	
Total Population Vaccinated:	42	Total Population Vaccinated:	182	Total Population Vaccinated:	441
Total Population:	67	Total Population:	583	Total Population:	1104
Percent Vaccinated	62.69%	Percent Vaccinated	31.22%	Percent Vaccinated	39.95%
Population >16 Vaccinated	42	Population >16 Vaccinated	182	Population >16 Vaccinated	441
Total Population >16	52	Total Population >16	447	Total Population >16	810
Percent >16 Vaccinated	80.77%	Percent >16 Vaccinated	40.72%	Percent >16 Vaccinated	54.44%
Population >65 Vaccinated	10	Population >65 Vaccinated	47	Population >65 Vaccinated	86
Total Population >65	10	Total Population >65	68	Total Population >65	111
Percent >65 Vaccinated	100.00%	Percent >65 Vaccinated	69.12%	Percent >65 Vaccinated	77.48%
Vaccine Series Complete = 41		Vaccine Series Complete = 153		Vaccine Series Complete = 365	



## Chugachmiut

### Common COVID-19 Vaccine Questions

*Can I choose which COVID-19 vaccine I get?*

You should get any COVID-19 vaccine that is available when you are eligible. Do not wait for a specific brand. All currently authorized and recommended COVID-19 vaccines are safe and effective, and CDC does not recommend one vaccine over another. Getting vaccinated with any of the available vaccines will greatly reduce your risk of serious illness due to the virus. All available vaccines do a good job preventing moderate COVID-19 disease, and do an especially good job of reducing the risks for hospitalization and death.

*How can I be sure the long-term side effects on the vaccine won't be worse than having COVID-19?*

The threat of COVID-19 is real and urgent, and the benefits of getting vaccinated far outweigh the risks. Getting immunized will help keep you, your family, and your communities stay healthy and safe. COVID-19 can present long-term health risks for people who get the illness.

*If I am vaccinated, what will change for me?*

It takes time for the vaccination to protect you from the virus. Once you are fully vaccinated (it has been two weeks since receiving your last dose) you can see more people. Even when you are fully vaccinated, you should still take steps to protect yourself and others in many situations.

*How long does protection from a COVID-19 vaccine last?*

We don't know how long protection lasts for those who are vaccinated. What we do know is that COVID-19 has caused very serious illness and death for a lot of people. If you get COVID-19, you also risk giving it to loved ones who may get very sick. Getting a COVID-19 vaccine is a safer choice.

Experts are working to learn more about both natural immunity and vaccine-induced immunity. CDC will keep the public informed as new evidence becomes available.

### Community & Family Services Division Updates:

**April is recognized as National Child Abuse Prevention Month:** A time that is used to raise awareness and promote the prevention of abuse.

- **Spring "Laugh and Learn" Series:** Everyone is invited and welcome to attend! Offered virtually via Zoom link! Text 907-764-1945 for link invite!
- **Chugachmiut Regional Alcoholic Anonymous Meetings:** Held every Tuesday and Thursday at 12:00pm. Join meeting via Zoom. Meeting ID: 748 764 6244





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## Additional informational resources:

- The [State of Alaska COVID-19 vaccine status](#) update page
- The [State of Alaska COVID-19 information page](#) provides more information about the virus and how individuals and businesses can protect themselves and others from transmission
- For the [most up-to-date case information](#), see the Alaska Coronavirus Response Hub dashboard: (note: some data may change as more information comes to light through contact tracing and other public health work).

Stay safe and healthy.

Sincerely,

Kelley Baker, Health Services Division Director

